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 Executive Director

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 Medical Director

EFFECTIVE DATE 02/02/2004
 SUPERSEDES: _____
 REVISED: _____
 REVIEW DATE: 02/2009
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PAIN MANAGEMENT

- I. AUTHORITY: Health and Safety Code, Division 2.5, California Code of Regulations, Title 22, Division 9
- II. PURPOSE: To serve as the treatment standard for EMT-Is and EMT-Ps in treating patients.
- III. PROTOCOL:

Every patient deserves to have their pain managed, but not necessarily treated with morphine. Consider reassurance, position of comfort, ice or heat, and gentle transport. Maintain eye contact and be truthful about painful procedures. Acknowledge the patient's fears and allow crying. Privacy and separation from parents may benefit adolescents. Maintain modesty for all. Do not attempt to completely relieve the patient's pain, but treat aggressively enough to make it bearable.

STANDING ORDERS	
ABCs	
OXYGEN:	
MONITOR:	Treat rhythm as appropriate.
IV ACCESS:	TKO
MORPHINE:	Up to 5 mg slow IV push then 2.5 mg increments slow IV (if systolic BP greater than 100) to relieve pain. May repeat as needed. May give 5 – 10 mg IM if no IV access
	Maximum dose of Morphine for patients without Base Physician Contact is 20 mg.
	For patients with ETOH intoxication, head injuries, chest, or abdomen trauma, Base Physician contact is required before Morphine may be administered
BASE PHYSICIAN ORDERS	
MORPHINE	Additional Morphine per Base Physician order.

This is the official pain scale to be used in patient assessment and documented on the PCR. Using the pain scale below, pain must be documented for the initial assessment with vital signs, after medications, and after all procedures.

