

Common Stem Words

adeno = gland	myelo = spinal cord (or bone marrow)
artho = joint	myo = muscle
cardio = heart	nephro = kidney
cephalo = head	neuro = nerve
cysto = bladder	oculo = eye
cyto = cell	osteo = bone
demo = skin	oto = ear
entero = intestine	procto = rectum
gastro = stomach	thoraco = chest
hemo = blood	
hepato = liver	

ROOT WORDS

CARDIA	HEART
CEPHAL	HEAD
COSTAL	RIBS
EDEMA	SWELLING, FLUIDS
GASTRO	STOMACH
HEMA	BLOOD
HEPATIC	LIVER
NEPH, RENAL	KIDNEY
OPTIC	EYE
OSTEO	BONE
PNEUM, THORAX	CHEST

ANATOMICAL POSITION

ANTERIOR (VENTRAL)- towards the front of the body.

POSTERIOR (DORSAL)- towards the back of the body.

MEDIAL - towards the midline of the body.

LATERAL- away from the midline of the body. (sides)

INTERNAL- inside the body.

EXTERNAL- outside of the body cavities.

PROXIMAL- nearest point of attachment. (origin)

DISTAL- away from point of origin.

PERIPHERAL- towards surface of the body.

SUPERIOR- towards the head.

INFERIOR- towards the feet.

ERECT- normal standing position.

SUPINE- lying flat on back.

PRONE- lying face down.

LATERAL RECUMBENT (DECUBITUS)- lying on right or left side.

BODY SYSTEMS

Skeletal	Integumentary
Muscular	Endocrine
Cardiovascular	Lymphatic
Digestive	Urinary
Respiratory	Reproductive
Nervous	

BODY CAVITIES- hollow portions of the body, that contain other structures.

Cranial	Vertebral
Thoracic	Abdominal
Pelvic	